

MSD launches Healthy Heart Information Pack to support the rehabilitation of cardiac patients

One-stop-shop information pack to be disseminated to patients across Ireland post-acute coronary events

28th February 2017: Healthcare company MSD has joined forces with Galway University Hospital's Maeve Frawley, Clinical Nurse Manager in the Coronary Care Unit (CCU), to launch a 'Healthy Heart' Information Pack, to support the rehabilitation of cardiac patients' post-hospital care. Spearheaded by Nurse Frawley, the aim of this 'one-stop-shop' information pack is to help support patients who are recovering from a heart attack, a stent or heart surgery, and provides comprehensive information for patients after an acute coronary event.

Recovery from cardiac procedures can often take up to two months and rehabilitation is crucial to enable healing and restoration of full health. Part of a broader MSD Patient Support Programme, this easy-to-read pack provides information to patients to help them take control of their health and reduce the risk of a secondary cardiac event.

The pack includes tips on how to lead a healthy, active lifestyle, as well as information on cholesterol including a 'Cholesterol Record Booklet'. A standardised text message service is also provided, acting as a reminder to patients post-discharge to make appointments to visit their GP at 12-week and 20-week intervals.

This standardised pack is set to be distributed to post-acute coronary event patients across the country.

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